

July - Aug 2024



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THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

Welcome Aboard Fortis Hospital Manesar!





CFO's Message

Dear Colleagues,

I am very excited to connect with you through the latest issue of our in-house e-magazine, The Fortisian. We have had a very interesting journey through the year so far and I am delighted to share that our growth and expansion plans are moving ahead along expected lines, except some projects which have been delayed due to not receiving required regulatory approvals on time. We have recently conducted a soft launch of our latest facility, Fortis Hospital, Manesar, which is strategically located on the Dwarka Expressway in Gurugram.

We are also concentrating on upgrading our infrastructure, commissioning world-class clinical equipment and building our talent pool. We recently launched the top-of-the-line Gamma Knife and MR Linac equipment at Fortis Memorial, Gurugram. I am proud to share that today, we are one of the few centres in the country to have such a wide array of equipment and a winning team of some of the finest doctors, nurses, technicians and paramedical personnel.

Our relentless focus on clinical excellence and superlative patient care are paying off rich dividends. Friends, this is really our greatest strength and we must ensure that we are known for our patient centricity, clinical acumen and compassionate care delivery.

With these initiatives, I am confident that we are on the path to sustainable long-term growth. This would not have been possible without your wholehearted commitment and hard work. I take this opportunity to thank you for your contribution in ensuring a positive patient experience and look forward to your continued support.

Best,

Vivek Kumar Goyal

CFO

New Beginnings & Launches

Fortis Hospital, Manesar, Gurugram, off to an auspicious start with Pooja and Soft Launch Ceremony



Fortis Hospital, Manesar, Gurugram, has commenced its operations with a Pooja and Soft Launch Ceremony on August 28, 2024. The Pooja Ceremony was graced by Dr Ashutosh Raghuvanshi, MD & CEO; Mr Anil Vinayak, Group Chief Operating Officer; Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations Group; Mr Ranjan Pandey, Chief Human Resources Officer; Dr Ritu Garg, Chief Growth & Innovation Officer; Mr Mahipal Bhanot, Business Head – Gurugram, Manesar, Shalimar Bagh, Vasant Kunj & Defence Colony, Corporate Functions leadership and Unit leadership from all the NCR units. Mr Abhijit Singh, Facility Director, Fortis Hospital, Manesar, the entire team of Clinicians and support staff of Fortis Manesar enthusiastically participated in the proceedings.

The 350 bedded facility has opened its doors for Outpatient and Diagnostic Services, which would be followed by Emergency and In-patient Services by the third week of September 2024. A dedicated team of over 56 clinicians have joined the hospital from leading medical institutions in India as well as overseas. Fortis Hospital, Manesar, Gurugram, offers the entire spectrum of clinical services including Cardiology, Orthopaedics & Joint Replacement, Neurology & Neurosurgery, Medical & Surgical Oncology, Gastroenterology, Paediatrics & Neonatology, Obstetrics & Gynaecology, Minimal Access & General Surgery, Urology & Kidney Transplant, Nephrology, Endocrinology, Ophthalmology, Haematology & Bone Marrow Transplant, Plastic & Reconstructive Surgery, Internal Medicine, Mental Health & Behavioural Sciences, ENT, Dermatology, Preventive Health Check-up, Critical Care and Emergency. This is backed up by the latest state-of-the-art technology and a well trained support team of nurses and paramedical professionals.

Fortis Escorts Faridabad launches dedicated Spine Clinic



Fortis Escorts Faridabad launched a dedicated spine clinic on June 19, 2024. Dr Kamal Verma, Director - Neurosurgery, Dr Gaurav Kesri, Consultant - Neurosurgery and Dr Nitish Agarwal, Consultant - Neurosurgery are offering consultations at the clinic, which is supported by the recently acquired advanced computer-assisted Neuronavigation Medtronic Stealth Station S8. This state-of-the-art technology enhances the capacity to perform complex spine surgeries with unprecedented precision, achieving sub-millimetric accuracy.

The clinic was inaugurated by Station House Officer Neha Rathi, a renowned Arjuna Award and Bhim Award winner in women's wrestling, in the presence of Mr Yogendra Awadhiya, Facility Director, all senior clinicians and hospital staff.

New Blood Bank inaugurated at Fortis Hospital Greater Noida



A new Blood Bank was inaugurated at Fortis Hospital, Greater Noida, on June 21, 2024. The event commenced with a traditional puja ceremony, invoking divine blessings. The Blood Bank was inaugurated in the presence of Mr Anil Vinayak, Group COO; Dr Rahul Agarwal, Managing Director; Mr Mohit Singh, Zonal Director; Dr Praween Kumar, CEO & FD; Dr Shanu Sharma, Medical Director; Dr Hema Lal, Medical Superintendent; Dr Jagdish Chander, Director – General Surgery; Dr Dinesh Kumar Tyagi, Director – Internal Medicine; Dr Pramila Ramnis Baitha, Additional Director – Internal Medicine; Dr Atampreet Singh, Director – Neurology; Dr Rajesh Kumar Gupta, Director – Pulmonology; Dr Surabhi Garg, HOD – Transfusion Medicine (Blood Centre) and other key doctors.

Sports Injury Clinic inaugurated by Indian Cricketer Ajinkya Rahane at Fortis Hospital Mulund



Fortis Mulund's Sports Injury Clinic being inaugurated by Indian cricketer Ajinkya Rahane and (L-R) Dr Sanesh Tuteja, Dr Sachin Bhonsle, Dr Vishal Beri, Dr S. Narayani & Ms Rinku Mavani

Fortis Hospital Mulund launched its state-of-the-art Sports Injury Clinic on June 28, 2024. The clinic was inaugurated by renowned Indian cricketer Ajinkya Rahane, along with Dr Sanesh Tuteja, Consultant - Arthroscopy & Sports Medicine, Dr Vishal Beri, Facility Director, Fortis Hospital Mulund and Dr S. Narayani, Business Head, Fortis Hospitals Mumbai.

The Sports Injury Clinic is designed to meet the growing need for specialised sports injury care. With comprehensive orthopedic services, physiotherapy, advanced

rehabilitation and a multidisciplinary approach, the clinic aims to provide tailored care for athletes and active individuals. Dr Vishal Beri, Facility Director, Fortis Hospital Mulund, said, "At Fortis Hospital Mulund, every day we strive to meet the evolving needs of our patients. With the increasing interest in sports and active lifestyles, the introduction of the Sports Injury Clinic was essential. This centre will greatly benefit those requiring specialised interventions, expert care and guidance, tailored to sports-related injuries."

Fortis Hospital Vasant Kunj launches Department of Medical Genetics



Group Image with Doctors & Staff

A Department of Medical Genetics was inaugurated at Fortis Hospital Vasant Kunj on July 2, 2024. The clinic was inaugurated by Dr Bishnu Prasad Panigrahi, Group Head – MSOG; Mr Mahipal Singh Bhanot, Sr. VP & Business Head; Dr Gurvinder Kaur, Facility Director; Dr Seema Thakur, Dr Amit Bhargava, Dr Rahul Nagpal, Dr Sutopa Banerjee, Dr Neema Sharma, Dr Mitu Srihande, and other senior clinicians, in the presence of the hospital staff.

The Department, led by Medical Geneticist Dr Seema Thakur, offers genetic counselling services apart from diagnosis and management of genetic disorders in all branches of medicine, including Obstetrics, Paediatrics, Haematology, Oncology, Nephrology, Gastroenterology, Neurology and Cancer Genetics. The Department also offers interpretation of Next Generation Sequencing, which is becoming a must for targeted therapies.

Fortis Memorial, Gurugram, flags off BLS ambulance at M3M International Financial Centre



Fortis Memorial Research Institute, Gurugram, flagged off a co-branded Basic Life Support (BLS) ambulance at the M3M International Financial Centre, Sector-66, Gurugram on June 10, 2024. The dedicated ambulance service provides 24X7 coverage for immediate medical response and patient transport within the Golf Course Extension Road area, specifically for M3M sites. The ambulance is equipped with a pilot, trained Emergency Medical Technician staff, and a Multipara Monitor for continuous patient vitals monitoring during transport. The flag off ceremony was graced by Mr Yash Rawat, Facility Director - Fortis Memorial Research Institute, Gurugram.

Fortis Hospital Cunningham Road, Bengaluru, launches Bone Marrow Transplant facility

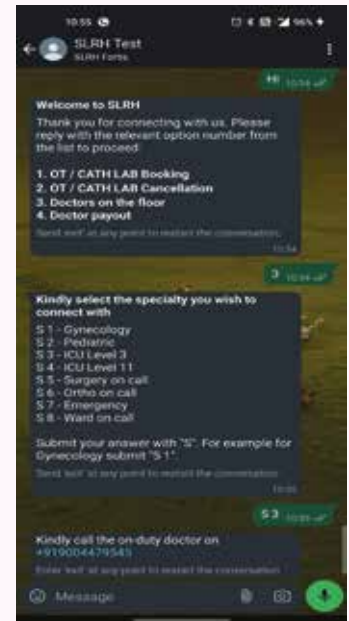


Fortis Hospital, Cunningham Road, launched a Bone Marrow Transplant (BMT) facility on July 12, 2024. The BMT facility offers treatment of complex hematological disorders and malignancies. The inauguration witnessed the presence of Dr Vivek Jawali, Chairman – Cardiac Sciences & Executive Committee, Fortis Group of Hospitals – Bangalore; Dr Mangesh Kamath, Additional Director – Medical Oncology, Hemato-Oncology & BMT Physician, Fortis Cunningham; Dr Ritu Garg, Chief Growth & Innovation

Officer, Fortis Healthcare Ltd; Mr Dakshna Moorthy, Head - Domestic Sales and Collections, Fortis Healthcare Ltd and Mr Chandrasekar R, Facility Director, Fortis Hospital, Cunningham Road.

Supported by a dedicated team of medical professionals, the BMT unit comprises one bed, housed within a positively pressured, HEPA-filtered environment. This setup ensures the utmost hygiene and infection control, safeguarding the health of patients undergoing these critical procedures. It's a comprehensive end-to-end facility, where all processes involved in BMT – from stem cell separation, storage, counting and infusion are all housed under one roof. The facility is further fortified by an in-house blood storage centre, a fully equipped critical care unit, multispecialty backup, and access to comprehensive radiology services.

S. L. Raheja Hospital, Mahim, launches 2473.0, a WhatsApp chatbot tool designed for doctors



The newly launched 2473.0, a WhatsApp chatbot is a dedicated WhatsApp channel that allows empanelled consultants to connect with the hospital team for essential services, including OT/ Cathlab bookings and cancellations, contacting on-duty RMOs or resident doctors, and handling finance-related queries. The process is as follows:

- OT/Cathlab Booking & Cancellation – Doctors can register bookings or cancellations via WhatsApp, with details updated on the OT dashboard. Slot availability is confirmed by the OT booking personnel, who will address any scheduling conflicts.
- Connecting with On-duty Doctors – Off site consultants can request contact details for on-duty resident, or specialty registrars, via WhatsApp, streamlining communication and reducing the need for multiple contact cards.
- Finance Queries – Queries about payout or statements can be sent via WhatsApp, triggering an email to the finance team, who will then address the requirement.

The tool allows 24/7 access for consultants to address their needs through WhatsApp; backend monitoring ensures prompt responses and resolution. Future plans include integrating this tool with the OT booking module for live bookings. The product was rigorously beta-tested for over six weeks before its official launch on July 1, 2024, in celebration of Doctor's Day at the hospital. The initiative was led by S. L. Raheja Hospitals Ms Rekha Ajay, Head – Administration, Dr Swati Suryawanshi, Head – Medical Services with support from CEO, Dr Kunal Punamiya.

Fortis Noida launches dedicated Gynae Cancer Clinic



A dedicated Gynae Cancer Clinic was launched at Fortis Hospital, Noida, on July 29, 2024. The specialised clinic offers comprehensive care and advanced treatment for women diagnosed with gynecological cancers. The clinic was inaugurated by Mr Mohit Singh, Zonal Director - Fortis Hospital, Noida, Dr Shanu Sharma, Medical Director - Fortis Hospital, Noida, Dr Pramod Kumar Sharma, Executive Director - International Oncology Cancer Institute and Dr Priya Bansal, Consultant - Gynae Oncosurgery in the presence of senior clinicians and hospital staff.

Fortis Escorts, Okhla Road, New Delhi, launches Fortis Cancer Institute & Oncology Day Care



Fortis Cancer Institute & Oncology Day Care Centre was launched at Fortis Escorts, Okhla Road, New Delhi, on July 22, 2024. The inauguration ceremony was conducted in the presence of Dr Ashok Seth, Chairman – Cardiac Sciences; Mr Anil Vinayak, Group COO; Dr Atul Mathur, Dr Anita Arora, Dr Vikram Aggarwal, Dr Pankaj Puri, Dr Vritti Lumba, Dr Imran Khan, Dr Huma Noor, Dr Aman Dua, Dr Sanjay Verma, Dr Ashok Omar and Dr Amrita Gupta.

The new, state-of-the-art facility is dedicated to offering comprehensive cancer care, combining advanced medical technology with expert, compassionate care. The Fortis Cancer Institute & Oncology Day Care provides a full range of services, from diagnosis to treatment and follow-up care. Patients will benefit from treatment facilities, including advanced imaging, pathology labs, and radiation therapy. An expert multidisciplinary team, comprising skilled oncologists, radiologists, and support staff, ensures personalised and effective care. The oncology day care services cater to outpatient treatments such as chemotherapy, immunotherapy, and targeted therapy, all within a convenient and comfortable setting. Emphasising a patient-centric approach, the institute focuses on the physical, emotional and psychological well-being of patients.

Fortis launches 'Tele-consult Centre' at Mirzapur, Uttar Pradesh



Inaugurations



OPD room

To strengthen the up-country program, Fortis has launched the 'Tele-consult Centre' at Mirzapur, in collaboration with Ramkrishna Sewashram Hospital. The primary objective of this program is to expand reach of Fortis super-specialist doctors beyond metros and enable access to high quality care for patients, by leveraging technology. The centre is designed to provide super-specialist tele-consultations every day by Fortis experts, from across NCR.

The inauguration ceremony was held in the presence of the trustees of Ramkrishna Sewashram, Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare, and senior clinicians from Delhi NCR, including Dr Sandeep Deewan, Dr Praveen Gupta, Dr Amit Bhargava and Dr Rinkesh Bansal. The event included a press conference and a Continuing Medical Education (CME) session, and was covered by all mainstream media in Mirzapur.

Da Vinci X Robotic System inaugurated at Fortis Hospital, Cunningham Road, Bengaluru



A Pooja ceremony was conducted at Fortis Cunningham Road on July 31, 2024, to mark the auspicious inauguration of the Da Vinci X Robotic System. A team of specialists from Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant, and Robotic Surgery, including Dr Mohan Keshavamurthy (Senior Director), Dr Shakir Tabrez (Additional Director), Dr Premkumar (Additional Director), Dr Basavaraj (Additional Director), Dr Rubina Shanawaz (Senior Consultant), and Dr Prakruthi (Consultant), were present on the occasion. Also in attendance were Mr Akshay Oleti (VP & Business Head), Ms Priya Goutham (Medical Director), Mr Faraz Ahmed (General Manager – Sales & Marketing), Mr Chandrasekar R (Facility Director), and other leadership team members, clinicians, and staff members.

Fortis Amritsar launches Obesity Clinic and Metabolic & Bariatric Surgery Program



Fortis Escorts Hospital, Amritsar, launched an Obesity Clinic and Metabolic & Bariatric Surgery Program on July 26, 2024. The program is led by Dr Arun K. Sharma, Consultant - Laparoscopy, GI, Bariatric & General Surgery.

A press conference was organised on the occasion, showcasing the successful treatment of a 36-year-old male who underwent gastric bypass surgery. The patient, who suffered from multiple comorbidities, including severe Obstructive Sleep Apnea, was able to reduce his weight from 180 kgs to 162 kgs, and is expected to lose around 1-2 kgs per week, aiming to reach a healthy weight within the next 9 to 12 months.

Fortis Escorts, Jaipur, launches Adult Vaccination Centre



Ribbon Cutting Ceremony



Poster Launch

Fortis Escorts Hospital, Jaipur, launched a dedicated Adult Vaccination Centre on July 12, 2024, with the aim of providing a range of adult vaccinations to enhance public health and wellness. The state-of-the-art facility aims to increase awareness and accessibility of important vaccinations for people who are 18 and above. The centre was inaugurated by a distinguished team comprising Dr R. K. Tongia, Director & HOD - Cardiology, Dr Pankaj Anand, Director - Internal Medicine, Dr Sunit Mathur, Consultant - Geriatric Medicine, Dr Mala Airun, Director - Medical Operations and Mr Neerav Bansal, Zonal Director, Fortis Escorts Hospitals, Jaipur.

Fortis Gurugram inaugurates newly constructed ICU



Fortis Memorial, Gurugram, inaugurated the newly constructed ICU 11 on August 13, 2024. This state-of-the-art, 8-bedded Intensive Care Unit operates under the Department of Critical Care. The ribbon-cutting ceremony was graced by Dr Sandeep Dewan, Senior Director & HOD - Critical Care and Mr Yash Rawat, Facility Director - Fortis Gurugram. The new ICU 11 is equipped with cutting-edge technology and infrastructure, reflecting continuous efforts to provide the highest level of care to patients.

Fortis Escorts Hospital, Faridabad, launches Adult Vaccination Clinic



Fortis Escorts, Faridabad, launched an Adult Vaccination Clinic on August 14, 2024, coinciding with the National Immunization Awareness Month. The event was graced by Dr Suresh Arora, President, Nursing Home Association, Faridabad; Mr Yogendra Awadhiya, Facility Director, senior clinicians and hospital staff.

The clinic is supported by a specialised team of doctors including, Dr Ravi Shekhar Jha, Director - Pulmonology, Dr Rajesh Kumar Budhiraja, Director - Internal Medicine, Dr Niti Kautish, Director - Obstetrics & Gynaecology, Dr BN Singh, Additional Director - Internal Medicine, Dr Anurag Aggarwal, Consultant - Internal Medicine, Dr Anita Soni, Visiting Consultant - Obstetrics & Gynaecology, Dr Isha Wadhawan, Attending Consultant - Obstetrics & Gynaecology and Dr Pallavi Sinha, Medical Officer - Internal Medicine. The clinic offers vaccines for Influenza, Pneumococcal, Cervical Cancer HPV, Herpes/Shingles, Hepatitis A & B, Meningococcal and Typhoid among others.

Clinical Excellence

Fortis Hospital, Nagarbhavi performs its first ever Kidney Transplant on a 32-year-old patient with End-Stage Renal Disease



Fortis Nagarbhavi successfully conducted its first ever renal allograft recipient cadaveric kidney transplantation on May 5, 2024. A 32-year-old patient who battled Type II Diabetes Mellitus, Hypertension, and Hypothyroidism, experienced fatigue and breathing difficulties, leading to an urgent admission at the hospital. She was diagnosed with end-stage renal disease, necessitating immediate dialysis and eventually a kidney transplant. The timely availability of a donor kidney was made possible owing to the hospital's dedicated cadaver donor registry. Under the expert guidance of Dr Mohan Keshavamurthy, Senior Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery at

Fortis Hospitals Bengaluru & Chairman of the Renal Sciences Specialty Council, Fortis Hospitals, Dr Manjunath S, Senior Consultant – Nephrology, Dr Premkumar, Senior Consultant - Urology, Dr Srinivas Mahesh Prasad, Consultant – Nephrology and team performed the kidney transplant. The patient was discharged within five days.

Region's first Robotic Trans-Axillary Nipple Sparing Mastectomy with Implant Reconstruction Surgery performed at Fortis Mohali



Fortis Hospital, Mohali, has become the first hospital in north of Delhi NCR to perform Robotic Trans-Axillary Nipple Sparing Mastectomy with Implant Reconstruction Surgery. A team of doctors led by Dr Naval Bansal, Breast and Endocrine Surgeon, Fortis Hospital Mohali, gave a new lease of life to two women. The surgeries were conducted on July 3 and July 5, 2024, respectively. While the first patient was suffering from multifocal mucinous

breast cancer, the other had multifocal locally advanced breast cancer post neoadjuvant chemotherapy. Both the patients underwent Robotic Trans-Axillary Nipple Sparing Mastectomy with Implant Reconstruction Surgery, and have recovered now.

49-year-old woman's watermelon-sized uterine tumour weighing 2.2 kgs removed via Robot-aided surgery at Fortis Noida



Doctors at Fortis Hospital, Noida, successfully operated and removed a watermelon sized non-cancerous tumor weighing 2.2 kgs from the uterus of a 49-year-old woman via Robot-aided surgery. A team of doctors led by Dr Anjana Singh, Director & HOD - Obstetrics and Gynaecology, conducted the complex surgery, which lasted for 3 hours. The patient was discharged in stable condition two days later.

Upon admission at Fortis Noida the patient complained of severe pain during her menstruation cycle, along with irregular and heavy bleeding. An ultrasound revealed a large fibroid (tumour) measuring 17-18 cms in size along with other fibroids of 7-8 cm. Such fibroids typically form when the body secretes excessive estrogen, which causes the growth of fibroid tissues. The large mass of tumour had occupied the entire abdominal area, thus making it extremely difficult to operate. Additionally, the patient had undergone two prior C-sections, and her scars were vertical. In such cases, there is always a risk of injury to the vital organs during dissection of the adhesions. Hence, Robot-assisted surgery was adopted to better identify the anatomical structures and minimize the risk of unintended damage to the internal organs.

Accreditations

Fortis Anandapur receives NABH-QCI Nursing Excellence certification for the fifth time



Galaxy A34 5G

Team Nursing, Anandapur



Certificate received from NABH-QCI



Fortis Hospital, Anandapur, Kolkata

Fortis Hospital, Anandapur, Kolkata, achieved Nursing Excellence certification from NABH-QCI after a rigorous fifth cycle of reassessment audit. The prestigious certificate, received on July 9, 2024, is valid until May 12, 2026, and highlights the hospital's commitment to the best nursing care and practices. The audit, led by Ms Doli Biswas, CNO, with key support from Dr Suchanda Gadre, Head - Medical Services; Mr Ashish Mukherjee, Facility Director; Ms Maumita - QN and Ms Bannrishisha - QH, saw a meticulous evaluation by the Principal Assessor and Co-Assessor. They commended the nursing team's exceptional efficiency and teamwork, highlighting the success of the hospital's Quality Improvement program. This recognition reflects Fortis Anandapur's dedication to maintaining the highest standards in nursing care and documentation.

Milestones

Fortis Hospital & Kidney Institute, Kolkata, celebrates 25 years of excellence



On July 3, 2024, Fortis Hospital & Kidney Institute, Kolkata (FHKI), celebrated its 25th anniversary, reaffirming its pristine position as a centre of excellence in Urology and Nephrology in Eastern India. Several events were organised on the occasion. The entire hospital was decked up and the hospital OPD-staff greeted the patients with plants as a gift of love and gratitude.

A digital board displaying the hospital's scope of services was inaugurated by Dr Shivaji Basu, Director - Urology; Dr Arup Ratan Dutta, Director- Nephrology; Dr R. K. Gopala Krishna, Director - Urology, Ms Richa S. Debgupta, Chief of Strategy, Group Head ESG & Business Head (JK); Mr Montoo Garg, Business Partner-Finance (North & East); Mr Ashish Mukherjee, Facility Director, Fortis Anandpur; Mr Baishpayan Mukherjee, Facility Director, FHKI & Fortis Medical Centre, in the presence of other senior clinicians and staff. This was followed by the release 25 bunches of Helium-filled balloons. Thereafter, the senior clinicians, leaders and staff shared memories of their cherished association with FHKI over the past 25 years. The daylong event concluded with a cake cutting ceremony and Team Lunch.

Community Connect

Fortis Anandapur's TPA and insurance meet discusses ways to improve trust in healthcare

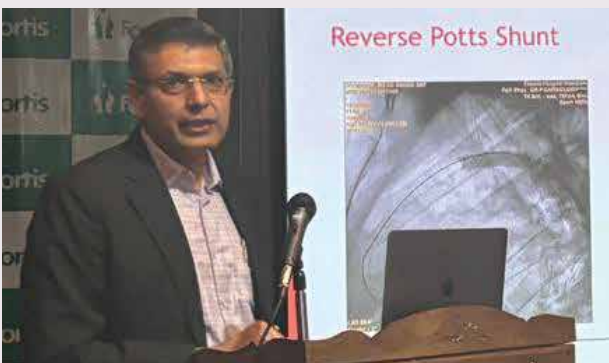


Team Fortis along with the TPA and Insurance Dignitaries

Fortis Anandapur organised a TPA and Insurance meet on June 14, 2024, at Kolkata. The theme of the event was 'Improving Trust in Healthcare.' The event was addressed by Ms Richa S Debgupta, Senior VP – Operations and Chief of Strategy & Operation (JK) & Group Head - ESG Mr Ashish Mukherjee, Facility Director and Ms Meenakshi Gandhi, Lead-TPA apart from external invitees. Senior delegates representing leading TPAs and insurance providers participated in the event.

The session focused on daily challenges of TPAs and the insurance-related issues, and ways and means of overcoming these challenges. The delegates also discussed how to improve trust on healthcare facilities as well as improve the working relationship amongst healthcare providers, TPAs and Insurance companies.

Team Sales organises CME in Srinagar, J&K, in association with senior clinicians from FMRI & Fortis Escorts



Dr Ashutosh Marwah speaking on the occasion



Dr Udgeath Dhir delivering his talk

Team Sales organised a CME in Srinagar, Jammu & Kashmir, on June 29, 2024, with physicians of Srinagar. The event was based on the theme of Cardiology.

Dr Udgeath Dhir, Senior Director – CTVS, FMRI, Gurugram delivered a lecture on 'Advances in Cardiac Surgery,' on the occasion. Dr Ashutosh Marwah, Director - Paediatric Cardiology, Fortis Escorts Heart Institute, Okhla, spoke about 'Recent Advancements in Intervention for CHD.' A total of 42 clinicians participated in the program. The event was very interactive and offered a new learning experience to the participants. The initiative was well appreciated by the clinicians.

Fortis Escorts Hospital, Faridabad, organises voluntary blood donation camp



Fortis Escorts, Faridabad, organised an in-house voluntary blood donation camp on the occasion of World Blood Donor Day, from June 14-27, 2024. The event was inaugurated by Mr Yogendra Nath Awadhiya, Facility Director and Dr Monawar Khurshid, Medical Superintendent. This drive was successfully led by Dr Shoma Jain, Head – Blood Centre and Mr Subhash Chaudhary, Manager – Blood Centre. Over 117 voluntary blood donors, including staff and other volunteers participated in the event.

Fortis Memorial, Gurugram, conducts online First Aid & BLS Training for Fresenius Medical Care Employees



Fortis Memorial Research Institute (FMRI), Gurugram, organised the first-ever online First Aid & Basic Life Support (BLS) Training session for the employees of Fresenius Medical Care on July 18, 2024. The session, led by Dr Madhur Arora, Senior Consultant - Critical Care, saw the participation of over 500 employees. Topics covered during the session included what to do in case of an earthquake, handling choking incidents, managing road traffic accident cases, performing CPR and using an AED device. The session was telecasted live across pan-India locations of the company and received widespread appreciation from the employees.

Fortis Gurugram Hosts ECMO Symposium 2024



On July 20, 2024, Fortis Gurugram hosted the ECMO (Extracorporeal Membrane Oxygenation) Symposium 2024. Organised by the Department of Critical Care Medicine, this event featured in-depth sessions on the basics of ECMO, monitoring, troubleshooting, transport, and hands-on practical training. Over 130 delegates from across North India attended, gaining valuable insights and practical skills in ECMO management. The symposium also featured inspiring stories from ECMO survivors of lung and heart failure, emphasizing that life after ECMO can be normal and fulfilling. The event was honored by the presence of Dr Virender Yadav, Chief Medical Officer of Gurugram, and was led by Dr Sandeep Dewan, Senior Director & HOD of Critical Care and Dr Munish Chauhan, Additional Director - Critical Care along with other senior faculty from Fortis Gurugram.

Over 180 clinicians attend Pulmo Intensiva 2024, organised by Fortis Vasant Kunj



Organizing committee Pulmo Intensiva

The Department of Pulmonology, Critical Care & Sleep Medicine, Fortis Hospital Vasant Kunj, under the leadership of Organising Chairman Dr Prashant Saxena, Senior Director & HOD - Pulmonology, Critical Care, hosted Pulmo Intensiva 2024 on July 21, 2024. This landmark event was attended by over 180 general practitioners from various hospitals and was graced by prominent dignitaries, including Dr Bishnu Panigrahi, Group Head - MSOG, Fortis Healthcare; Dr Gurvinder Kaur, Facility Director, Fortis Vasant Kunj; Mr Anil Vinayak, Group COO, Fortis Healthcare; and Mr Mahipal Singh Bhanot, Senior Vice President and Business Head - FMRI, Shalimar Bagh & Vasant Kunj.

The conference aimed to provide general practitioners with the latest insights and practical tips in pulmonary medicine. Key topics included tuberculosis, asthma, COPD, acute chest pain, and breathlessness, with a focus on early diagnosis, effective treatment strategies, and advancements in pharmacological treatments and personalized care plans. The event also addressed the differential diagnosis and management of conditions such as myocardial infarction and pulmonary embolism, sleep apnea screening and CPAP therapy, and the interpretation of culture and sensitivity reports for prudent antibiotic use. Non-resolving pneumonia and managing congestion were also extensively discussed.

Fortis Mohali sensitises senior citizens on Advanced Care Planning



Fortis Hospital Mohali conducted a session on Advanced Care Planning (ACP) for members of the Senior Citizen Association, Mohali, on July 18, 2024. Dr Arun K Sharma, Director, Critical Care, Fortis Hospital Mohali, briefed the gathering on healthcare preferences and the legality of passive euthanasia. He also sensitised the gathering that hospitals and healthcare organizations needed to develop clear guidelines and protocols to integrate ACP into standard medical practice. Dr Sharma said this would allow healthcare providers to deliver care that would enhance the quality of end-of-life care.

Over 200 nurses from across West Bengal participate in Nursing Conclave organised by Fortis Anandapur



Inauguration ceremony

Fortis Hospital, Anandapur, Kolkata, under the leadership of Ms Doli Biswas, Chief Nursing Officer, successfully organised the 2nd edition of Nursing Conclave on June 7, 2024. As a Convenor and Member of the Health Committee of The Bengal Chamber of Commerce & Industry, Ms Biswas curated an event focused on the theme 'Industry Expectations in New Era: Investing in Nurses on Upskilling.' The theme underscores the hospital's commitment to continuous professional development for nurses, recognising their pivotal role in healthcare delivery.

Dr Siddhartha Neogi, Director - Health Services, Government of West Bengal, inaugurated the event, highlighting governmental support for such initiatives. The participation of nearly 200 nurses from various healthcare organisations across West Bengal underscored the broad impact and relevance of the conclave.

Key presentations, including Ms Maumita Saha's discourse on 'Impact of Nursing Sensitive Quality Indicators on Clinical Outcome,' and interactive workstations on skin protection, safe intravenous practices, airway management and DVT prevention, provided practical insights and hands-on experience.

Fortis Memorial, Gurugram organises Minimal Invasive & Robotic Cardiac Surgery observatory workshop



Fortis Memorial Research Institute (FMRI), Gurugram, hosted a two-day observatory workshop on Minimal Invasive & Robotic Cardiac Surgery, organised by the Department of Cardiothoracic & Vascular Surgery (CTVS) on August 2-3, 2024. The workshop, led by Dr Udgeath Dhir, Senior Director - Cardio Thoracic Vascular Surgery, was attended by esteemed cardiac surgeons from various parts of India and Bangladesh. This event provided an excellent platform for knowledge exchange and advancement in surgical techniques.

Fortis Ludhiana signs agreement with Chamber of Industrial and Commercial Undertakings



Fortis Hospital Ludhiana hosted a special event on August 6, 2024, for the members of the Chamber of Industrial & Commercial Undertakings (CICU) to announce a new agreement between Fortis Hospital Ludhiana and CICU. The highlight of the event was the announcement of an exclusive discount for CICU members, designed to provide additional support and recognition for their ongoing partnership.

The event was graced by Dr Vishvadeep Goyal, SBU Head - Ludhiana & Amritsar; Dr (Surg Lt Cdr) Anamica Ahuja, Medical Superintendent; and Abhishek Garg, Unit Head - Administration.

Glass House terrace waiting area inaugurated at Fortis Hospital, Vasant Kunj

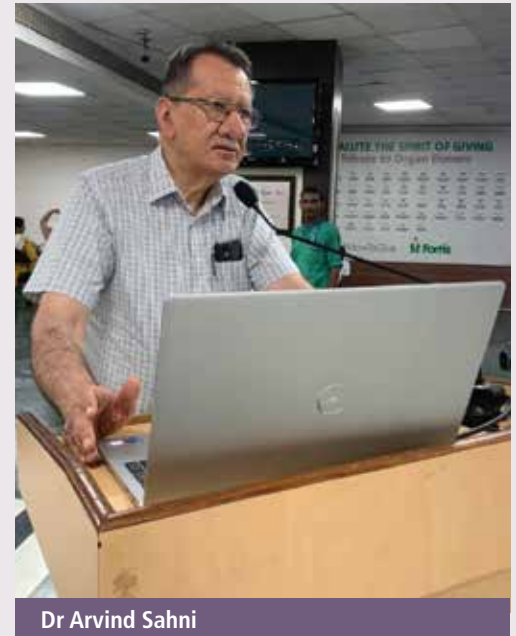


Fortis Hospital Vasant Kunj unveiled its newest addition, the Glass House terrace waiting lounge, designed to offer a comfortable and healing environment to patient attendants.

The inauguration ceremony, was attended by Mr Mahipal Bhanot, Sr. VP & Business Head (FMRI, Vasant Kunj, Shalimar Bagh, & Defence Colony), Dr Gurvinder Kaur, Facility Director, Fortis Vasant Kunj; Dr Tapan Ghose, Senior Director – Cardiology; Dr Dhananjay Gupta, Senior Director; Dr Sanjay Gupta, Director – CTVS; Dr Manoj Kumar, Director – Gastroenterology; Dr Amish Chaudhary,

Director -Surgical Oncology, Dr Shubham Vatsya, Director -Gastroenterology, Dr Vishwadeep Sharma, Additional Director - Orthopaedics, Dr Rashmi Taneja, Additional Director - Plastic Surgery, Dr Manoj Sharma, Additional Director - Internal Medicine, Dr Anurag Gupta, Senior Consultant - Neurosurgery, and Mr Avik Chauhan, Head - Administration.

Fortis Mohali marks World Hepatitis Day with awareness session



Dr Arvind Sahni

An informative talk on 'Hepatitis and its management' was organised on the eve of World Hepatitis Day at Fortis Hospital Mohali on July 27, 2024. Dr Arvind Sahni, Director - Gastroenterology, briefed a gathering of around 70 people in the IPD area and sensitised them on hepatitis and its prevention. Dr Sahni informed the gathering that Hepatitis B and C are amongst the commonest causes of liver cirrhosis and liver cancer in India. Post-session Dr Sahni also conducted an online quiz for the nursing staff and doctors.

Fortis Shalimar Bagh hosts session on Medical Law and Medico-Legal aspects of clinical practice for doctors



Fortis Hospital Shalimar Bagh, New Delhi, organised a comprehensive session on medical law and medico-legal aspects of medical practice for its doctors. The session, led by Dr Arun Kumar Gupta, a practising clinician & President of the Delhi Medical Council, Advisor Govt of NCT Delhi, saw the participation of over 80 doctors from the hospital. The session covered critical topics related to medical law and medico-legal aspects of medical practice, aiming to update doctors on the latest developments and best practices in the field. The interactive session enabled doctors to discuss real-life scenarios and seek guidance on navigating complex medico-legal issues.

Dr Arun, a recognised expert in medical law, shared his insights and expertise, highlighting the importance of understanding medico-legal aspects in medical practice. The session was highly engaging, with active participation from the doctors.

Fortis Bengaluru, organises 'Nidhi Aapke Nikat 2.0' program in association with EPFO and ESIC



Fortis Bengaluru, organised 'Nidhi Aapke Nikat 2.0' in collaboration with the Employees' Provident Fund Organisation (EPFO) and Employee State Insurance Corporation (ESIC) on July 29, 2024 at Fortis Hospital, Bannerghatta Road. The event was held for all employees of Fortis Hospitals in Bengaluru, including both in-house and contractual staff. This outreach initiative aimed to directly connect with employees and employers, providing instant solutions to PF-related queries.

The program was inaugurated by Shri Naveen Immanuel, Regional PF Commissioner, Shri Ram Babu Naik, Deputy Director-Employee State Insurance (Sub-regional office), Mr Akshay Oleti, VP & Business Head of Fortis Hospitals, Bengaluru, and Mr Ganesh Rao T., SBU Head-HR at Fortis Hospitals, Bengaluru. Representatives from the Regional PF Office and Sub-regional ESI Office addressed the audience, explaining the benefits of EPF and pension schemes. They also answered queries and provided detailed information. The program received enthusiastic participation from current and former employees, who utilised this platform for spot grievance resolution and speedy redressal of pending PF/Pension-related concerns.

Fortis Escorts Jaipur organises Sampark, Sanwad & Salaah' event at Ajmer



Fortis Escorts Hospital, Jaipur, organised a Sampark, Sanwad & Salaah event at Ajmer on July 27, 2024. This is community connect event was organised in upcountry cities to promote Robotic Joint Surgery. The event was organised in association with the Senior Citizen Society Dholabhatta, Ajmer. Dr Anoop Jhurani, Director – Robotic Joint Replacement Surgery, delivered an awareness lecture on benefits of Robotic Joint Replacement to 237 seniors. Post-event, 53 patients also consulted with Dr Jhurani for Joint Replacement Surgery.

Fortis Noida organises Hepatitis awareness campaign in collaboration with reputed public sector giant



Fortis Hospital, Noida, in collaboration with Bharat Heavy Electrical Limited (BHEL), a reputed public sector enterprise, organised an awareness campaign about Hepatitis on August 21, 2024. The session, led by Dr Sushrut Singh, Additional Director – Gastroenterology, provided invaluable insights about Hepatitis, its prevention and treatment. He also encouraged everyone to take affirmative action to combat the disease. The session was followed by a complimentary Fibrosan Camp for early detection and awareness session about liver disease, which was attended by 117 individuals. Dr Sushrut was thereafter felicitated by the BHEL leadership for the enlightening discussion.

Over 30 fitness enthusiasts participate in Basic Life Support training session organised by Fortis Richmond Road, Bengaluru



Fortis Hospital, Richmond Road, Bengaluru, organised a Basic Life Support (BLS) training session at a fitness club on August 9, 2024. The workshop, aimed at addressing the recent surge in heart attacks among young individuals, was designed to equip participants with essential skills for responding effectively to health-related emergencies. Conducted by Dr Vinay Kumar V. H., Consultant – Emergency, the session saw active participation from over 30 fitness enthusiasts and trainers. Participants were given a practical demonstration on how to identify warning signs, assess situations promptly, and provide immediate care until professional medical assistance arrives. The session concluded with the distribution of BLS training certificates to the participants.

Fortis Gurugram celebrates World Hepatitis Day in collaboration with Indian Oil



Fortis Memorial Research Institute (FMRI), Gurugram, joined forces with the Indian Oil Refinery Headquarters to celebrate World Hepatitis Day on July 29, 2024. The event was inaugurated by eminent dignitaries from Indian Oil, including Mr Arvind Kumar, Director - Refineries, along with other Executive Directors of the institution. The event featured a keynote address by Mr Arvind Kumar, attended by all Executive Directors of Indian Oil. An exclusive podcast followed, featuring Dr Rinkesh Bansal, Additional Director – Gastroenterology, FMRI, and Dr Umang Kothari, Additional Chief Medical Officer - Indian Oil. The discussion on various aspects of hepatitis reached over 1500 Indian Oil beneficiaries across their pan-India network.

The event concluded with a screening camp where Dr Khushboo, Consultant Hepatologist, conducted Hepatitis B and C screenings for over 150 Indian Oil employees. The event received widespread appreciation and recognition from the management of Indian Oil.

Fortis Gurugram hosts symposium on Protein Optimization in collaboration with IAPEN India, Delhi Chapter



The Department of Dietetics at Fortis Memorial Research Institute, Gurugram, in collaboration with the IAPEN India, Delhi Chapter, successfully organised a symposium titled 'Optimizing Protein: From Science to Performance' on July 27, 2024. This event, held in celebration of Protein and Breastfeeding Week, was organised by Ms Deepti Khatuja, Chief Clinical Nutritionist – FMRI.

The symposium aimed to provide valuable updates on the importance of proteins across various stages of life and in different medical conditions. The event featured a lineup of esteemed speakers and chairpersons, including senior doctors from FMRI and leading members of the dietetics community from across Delhi NCR. The symposium was honored by the presence of a chief guest, Ms Biditah Shah, an ESPN LLL teacher, Mr Mahipal Bhanot, Senior VP & Business Head – FMRI, FHVK, Shalimar Bagh and Defence colony, Mr Yash Rawat, Facility Director – FMRI and Mr Ravi Ranjan Kumar, SBU HR Head – FMRI.

Over 200 students participate in dental screening camp organised by Fortis Richmond Road, Bengaluru



Fortis Hospital, Richmond Road, Bengaluru, organised a Dental Health Screening Camp on August 14, 2024, at one of the prominent schools in the city. The camp, conducted by Dr Arun Muralidharan, Consultant - Dental Sciences, saw participation from over 200 students. It aimed to promote oral hygiene and the early detection of dental issues in children. The children also received complimentary paediatric consultation coupons to encourage them to continue good oral care.

Vascular Department of Fortis Memorial, Gurugram, hosts AV Fistula care workshop in Dehradun



On August 11, 2024, the Vascular Department at Fortis organised its third AV Fistula care workshop in Dehradun. The event aimed at empowering dialysis patients and technicians, drawing participation from over 100 patients and 50 dialysis technicians. The workshop, led by Dr Himanshu Verma, Senior Consultant - Vascular and Endovascular Surgery, focused on educating participants about the care and management of AV fistulas. A specialised AV fistula tool kit, designed to assist Chronic Kidney Disease patients undergoing dialysis in managing their AV fistulas, was distributed during the event. The kit included care instructions, a stethoscope, a renal diet chart and other essential information to support patients' ongoing care.

In addition to the primary focus on AV fistula care, Dr Trisha, PhD in Renal Nutrition and Dr Manish, Physiotherapist, provided valuable insights into diet and exercise, further enhancing the health and quality of life for the participants.

Fortis Mulund's Dr Sandeep Gore speaks at Emergency Medicine conference in Taiwan



Dr Sandeep Gore (Second from left) holding up his award for 'Best Marketplace Academic Activity'

Dr Sandeep Gore, Director-Emergency Medicine, Fortis Hospital, Mulund, made a presentation at the 23rd International Conference of Emergency Medicine (ICEM 2024). Held on June 21, 2024 at Taipei, Taiwan the conference witnessed participation of Emergency Medicine practitioners from across the globe. Invited as a faculty, Dr Sandeep Gore presented on 'how to evaluate and consider treatment initiation of the critically ill ED patient who is a candidate for ECMO.' Dr Sandeep Gore was also awarded the prestigious winning prize for 'Best Marketplace Academic Activity' among 20 international entries.

Paramedical students visit Radiology Dept at Hiranandani Hospital Vashi for hands-on learning



IPME students with a member of Fortis' Radiology Dept., at the training

Fifteen students from the Institute of Paramedical Education (IPME) Kamothe, Navi Mumbai, visited the Radiology Department at Hiranandani Hospital Vashi-A Fortis Network Hospital on June 23, 2024, as part of a learning experience aimed at enhancing their understanding of the field. The visit provided a hands-on opportunity to observe and learn about various radiological imaging techniques, including X-rays, CT scans, MRI and ultrasound. The initiative was led by Dr Chetan Khadke, HOD-Radiology, Hiranandani Hospital Vashi.

The students were welcomed by the hospital staff and given a detailed overview of the department's operations. They observed demonstrations of advanced imaging equipment and participated in an interactive Q&A session with technologists. The experience included observing routine imaging procedures, which offered practical insights into the role of radiology in patient care. Overall, the visit was beneficial in providing students with valuable real-world exposure and sparking interest in the field of Radiology. The opportunity to interact with professionals and see advanced imaging technologies in action significantly complemented their theoretical knowledge.

Events

IHH senior leaders visit Fortis Escorts, Okhla Road, New Delhi



On August 6, 2024, Fortis Escorts, Okhla Road, New Delhi, welcomed Dr Prem Nair, Group CEO - IHH Healthcare and Mr Dilip Kadambi, Group CFO. They were greeted by Dr Vikram Aggarwal, Facility Director, Fortis Escorts, Okhla & Fortis C-DOC, along with senior HODs. During their visit, they engaged in discussions with senior clinicians about healthcare management, financial strategies and innovative solutions.

The visit included a facility tour, showcasing the hospital's advanced infrastructure and commitment to quality care, reinforcing the collaborative spirit and strategic vision shared with IHH Healthcare.

Fortis Hospital Greater Noida celebrates International Yoga Day



Over 90 yoga enthusiasts, including doctors, employees, members of associated corporates and patient attendants gathered on Fortis Hospital Greater Noida's UG floor for a rejuvenating yoga session on June 21, 2024, as part of International Yoga Day. The event, organised in collaboration with Decathlon Sports India (Greater Noida) and Art of Living, offered a blend of physical activity and mental wellbeing.

Led by instructors from Art of Living, the engaging yoga session incorporated meditation, sitting postures and a variety of yoga activities suitable for all age groups. Following the yoga session, Decathlon brought the fun factor with some light-hearted and engaging activities, keeping the positive energy flowing throughout the event. A hallmark of the event were the freebies distributed by Decathlon and the participation certificates presented to all attendees. These mementos served as a reminder of the importance of prioritizing health and wellbeing. The event concluded with a powerful message emphasizing the transformative power of yoga and the importance of adopting a healthy lifestyle.

Fortis Escorts, New Delhi celebrates International Yoga Day with employees



Fortis Escorts, Okhla Road, New Delhi, celebrated International Yoga Day with a Yoga session for employees. Staff members eagerly participated and emphasised the session's effectiveness in alleviating stress and enhancing relaxation. They appreciated the instructor's inclusive approach, which catered to different fitness levels and health conditions. This initiative was regarded as a thoughtful and beneficial addition to the workplace, fostering a sense of community and well-being among the staff.

Fortis Memorial, Gurugram marks International Yoga Day with leading corporate houses



Fortis Memorial Research Institute, Gurugram, celebrated International Yoga Day between June 20-28, 2024, by conducting yoga sessions for employees of Zara Retail, Hindustan Unilever and Maruti Suzuki India Ltd. These sessions were held in the respective premises in Gurugram and were webcast to various locations, across India. More than 5,000 individuals benefitted from these sessions.

Fortis Hospital Kalyan celebrates International Yoga Day with 'Chair Yoga' session



Yoga session is underway at Fortis Hospital Kalyan

International Yoga Day celebration at Fortis Hospital, Kalyan, was held with great enthusiasm. Led by Physiotherapist Dr Shalini Ananth, the session on June 26, 2024, received high praise from attendees across all hospital departments. Dr Ananth conducted an insightful session on 'Chair Yoga' techniques, which saw participation from over 30 attendees. The dedication and effort of all participants were commendable. The event was conducted under the guidance of Mr Mohit Wankhade, Facility Director.

SL Raheja Hospital Mahim celebrates World Blood Donor Day 2024 with much fanfare



Department of Transfusion Medicine headed by (C) Dr Elvis Alex at S L Raheja Hospital, Mahim - A Fortis Associate

On World Blood Donor Day 2024, the Department of Transfusion Medicine at S.L. Raheja Hospital, Mahim – A Fortis Associate, organised a heartfelt event to honour the selfless contributions of voluntary blood donors and the efforts of blood donation camp organizers. Held on June 14, 2024, the event featured an address by Dr Elvis Alex, Head - Transfusion Medicine, who emphasised the crucial role of voluntary blood donations in managing severe haemorrhages across various clinical scenarios.

Dr Alex highlighted the lifesaving impact of these donations, particularly in emergencies where timely blood transfusions can make the difference between life and death. The event also included moving testimonials from Thalassemia patients, who shared their personal experiences and the profound difference that blood donations have made in their lives. Additionally, camp organisers and blood donors shared their motivations, providing insight into the altruism and community spirit that drive these life-saving initiatives. Reflecting the unity and commitment of the S.L. Raheja Hospital team, a remarkable 131 in-house staff members participated as blood donors, embodying the true spirit of solidarity and compassion within the hospital. The event not only celebrated the generosity of blood donors but also underscored the collective effort needed to support patients in critical need.

Fortis Hospital, Ludhiana, hosts 'Sarpanch Meet' focusing on health and wellness



On July 24, 2024, Fortis Hospital Ludhiana organised a Sarpanch meet, with village heads (sarpanch) from 30 nearby villages participating in the event. Privilege cards and discounted coupons were distributed among the attendees. Dr Rajoo Singh Chinna, Director - Gastroenterology and Dr Tajinder Pal Grewal, Consultant - Internal Medicine, delivered health talks on the occasion. The event concluded with closing remarks by Dr Vishavdeep Goyal, Head - SBU.

Fortis Noida conducts Continuous Medical Education as part of its Antimicrobial Stewardship campaign



As part of continuing efforts to spread awareness on Antimicrobial Stewardship (AMS) program within hospital and in the community, Fortis Noida conducted two Continuous Medical Education (CMEs). One internal CME was conducted on June 27, 2024, where Dr Anurag Aggarwal, Head – Emergency; Dr Ravneet Kaur, Head - Lab & Infection Control Officer and Ms Divya Gautam, Head - Quality taught the DNB students the Basics of Empirical Therapy Guidelines, Local Antibigrams, Patient Categorization for Initiating Empirical Therapy and Surgical Prophylaxis Guidelines with the help of case studies. Valuable inputs were also given during the session by Dr Nishank Shekhar, Deputy Medical Superintendent and Ms Divya Gautam. Over 15 DNBs from Surgical & Medical branch attended the session. One external CME covering topics of Restricted Antibiotics, Preparation of Antibigrams, Surgical Antibiotic Prophylaxis was addressed by Dr Ravneet Kaur in the Govt Pediatric Hospital, Noida on June 28, 2024, under the aegis of Noida Association of Pathologists and Microbiologists (NAPM) and about 35 doctors attended the event.

Fortis Gurugram celebrates World Hepatitis Day in collaboration with Indian Oil



Fortis Memorial Research Institute (FMRI), Gurugram, joined forces with the Indian Oil Refinery Headquarters to celebrate World Hepatitis Day on July 29, 2024. The event was inaugurated by eminent dignitaries from Indian Oil, including Mr Arvind Kumar, Director - Refineries, along with other Executive Directors of the institution. The event featured a keynote address by Mr Arvind Kumar, attended by all Executive Directors of Indian Oil. An exclusive podcast followed, featuring Dr Rinkesh Bansal, Additional Director – Gastroenterology, FMRI, and

Dr Umang Kothari, Additional Chief Medical Officer - Indian Oil. The discussion on various aspects of hepatitis reached over 1500 Indian Oil beneficiaries across their pan-India network.

The event concluded with a screening camp where Dr Khushboo, Consultant Hepatologist, conducted Hepatitis B and C screenings for over 150 Indian Oil employees. The event received widespread appreciation and recognition from the management of Indian Oil.

Dr (Prof) Vivek Gupta of Fortis Mohali delivers lecture on stroke at conference in Sri Lanka



Dr (Prof) Vivek Gupta speaking at the prestigious conference

Dr (Prof) Vivek Gupta, Additional Director - Interventional Neuroradiology, Fortis Hospital Mohali, was invited as an international faculty at the International Stroke Conference Sri Lanka-2024 (ISCSL 2024) held at Colombo, Sri Lanka, on June 14, 2024. Dr (Prof) Gupta delivered two sessions on 'Imaging and treatment decisions in acute stroke' and 'Endovascular therapies in acute stroke.' The annual conference is organised by the National Stroke Association of Sri Lanka (NSASL) and aims to enhance awareness on stroke care among clinicians. More than 200 faculty members from the UK, Brazil, Germany and other countries took part in the event.

Fortis CSR helps build a stronger India by equipping govt schools with smart classes, washrooms

On the occasion of the 78th Independence Day, Mr Mahipal Bhanot, Senior Vice President & Business Head for FMRI, FHSB, FHVK, FCI Defence Colony & Fortis Hospital Manesar, and Mr Naveen Bhatia, Associate General Manager - Corporate Affairs, Regional Head, inaugurated the Smart Class and washroom facility at Government Girls Middle School, Alipur, Gurugram. They also participated in the flag hoisting ceremony and interacted with the village Sarpanch as well as the school authorities.

The Fortis CSR Team has so far contributed to improving the lives of countless children and building a stronger India by transforming 246 schools, impacting 1,15,884 lives. 25 schools have been provided modern washroom facilities and 221 schools have been enriched with smart classrooms, enhancing learning. These schools faced critical challenges, including inadequate sanitation for the girls, lack of access to digital resources or safe drinking water.



Fortis Escorts, New Delhi, hosts organ donation awareness event



Fortis Escorts, Okhla Road, New Delhi, organised an event to mark Organ Donation Day on August 16, 2024, in association with partner organisations. The event aimed to raise awareness about the crucial role of organ donation and to encourage more individuals to participate in this life-saving act. The attendees were warmly welcomed by Mr Harpreet Singh, General Manager, setting a positive tone for the event.

The gathering featured prominent speakers, including Dr Z. S. Meharwal, Chairman & Head - Adult Cardiac Surgery, Dr Sanjeev Gulati, Executive Director - Nephrology & Kidney Transplant, and Dr Suhail Farooq, Senior Consultant - Liver Transplant. These experts shared their insights on the profound impact organ donation can have, emphasising that each donation has the potential to save multiple lives. The event was well-attended, with over 70 community members coming together to learn about and support the cause. The participants pledged to donate their organs.

Fortis hospitals in Ludhiana celebrate World Breastfeeding Week with series of activities



Fortis Hospital Chandigarh Road and Mall Road, Ludhiana, celebrated World Breastfeeding Week (August 1-7, 2024) with a series of events promoting the importance of breastfeeding. Led by Dr Vishavdeep Goyal, Facility Director, the week began with a lamp-lighting ceremony and health tips for staff. Key experts, including Dr Gursimran Kaur, Dr Shivani Kaur, Dr Gaurav Mittal, Dr Navjot Caler and Dr Shivani Grewal, conducted educational sessions for 25 mothers and their newborns, highlighting breastfeeding benefits.

In the lead-up to the week, on July 1, Dr Shivani Garg delivered a health talk to the Matrons Ladies Club in Ludhiana, focusing on maternal and newborn health. During the celebrations, Dr Aarti Tuli and Dr Navjot Kaler conducted a health talk at Sarabha Ayurvedic College, while Dr Aarti Tuli also led a session with staff and parents at World Sunshine School. On August 5, Dr Aarti Tuli and Dr Priya Bansal conducted another session at Sarabha Nursing College. The week concluded with a free mother and child health check-up camp on August 7.

Fortis Anandapur organises series of events to mark World Breastfeeding Week



Inauguration ceremony

Fortis Anandapur, Kolkata, organised a series of events during August 1-7, 2024, as part of World Breastfeeding Week. The events aimed at celebrating, enriching knowledge and creating awareness among new mothers as well as staff members about the essentiality of breastfeeding.

The week began with an inauguration ceremony, followed by an introductory session on breastfeeding by Sister Chandralekha Pyne. The next day, Dr Aparna Biswas, Senior Resident – Paediatrics, conducted a training session for nurses on breastfeeding techniques and troubleshooting. Day 3 featured a session on the 'Importance of Early Breastfeeding,' conducted by Dr Sharad Purkait, Senior Resident - Paediatrics. A poster competition was held on Day 4 on the topic of exclusive breastfeeding, followed by a session on 'Complications and Contraindications of Breastfeeding' by Dr Ritika Ghosh Dastidar,

Consultant – Paediatrics. Dr Sumita Saha, Consultant – Paediatrics, led a session on 'Kangaroo Mother Care' the next day. A quiz competition was organised as part of the finale, apart from a brief session on 'Breast Milk Fortifiers,' led by Dr Avisikta Das, Senior Resident - Paediatrics. The event concluded with a prize distribution ceremony.

Fortis Hospital, Bannerghatta Road, Bengaluru observes World Breastfeeding Week 2024



Fortis Hospital, Bannerghatta Road, observed World Breastfeeding Week from August 1-7, 2024, by organising a series of impactful activities. The week was inaugurated by Mr Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru, alongside HODs, doctors, nurses, and the lactation team, setting a strong tone for the event. Aligning with this year's theme, "Closing the Gap: Breastfeeding Support for All," Fortis BG Road's team of Obstetricians, Gynaecologists, Paediatricians, the Nursing team, the Nest team, the Nutrition Department, the Lactation Clinic, and the organising team conducted 13 programs. Nearly 2,340 people participated in these

activities, which included an Optimal Infant and Young Child Feeding certification training, poster and quiz competitions for staff and patients, and webinars on various breastfeeding-related topics. The week concluded with a prize distribution ceremony to honour the winners of the competitions. The program's impact was extended through outreach initiatives to medical and nursing colleges, PHCs, urban slums, and NGOs. The hospital was also recognised by The World Alliance for Breastfeeding Action (WABA) for its breastfeeding promotion initiatives during World Breastfeeding Week.

Fortis Escorts Heart Institute, Okhla Road, New Delhi hosts symposium on Infectious Disease



On July 27, 2024, the Department of Critical Care Medicine at Fortis Escorts Heart Institute, in partnership with the Indian Society of Critical Care Medicine (ISCCM), hosted a symposium on Infectious Diseases. The event, chaired by Dr Rajat Agarwal, Head - Critical Care Medicine, saw participation from 55 delegates and 20 distinguished experts in Critical Care Medicine, Microbiology and Infectious Diseases from leading hospitals across Delhi NCR. The

conference aimed to equip physicians with the latest insights and practical knowledge. The case-based discussions received high praise from the clinical community, with many expressing a desire for the event to become an annual occurrence.

Fortis Hospital, Gurugram Conducted Medical Health Camp at Indo-Pak Border on Independence Day



On the occasion of Independence Day, Fortis Hospital Gurugram conducted a Medical Health Camp on 13th August 2024 at the BSF Q Head Post in VPO Rohidawaali, Sri Ganganagar, located at the Indo-Pak Border Zero Line. This initiative, conducted in collaboration with local bodies and the BSF Company Commander (Q Head), Mr Mukesh Kumar Pankaj, provided crucial medical services to the BSF personnel and local residents. A total of 172 Army personnel benefited from the various health services offered at the camp. With the support of the Department of Cardiology and Orthopedics,

Dr Vaibhav Jain, a cardiologist, and Dr Ashish Gupta, an orthopedic specialist, provided expert consultations.

The health camp provided essential medical services & consultations to the BSF personnel & local residents, demonstrating Fortis Hospital Gurugram's commitment to serving the community, even in the most remote and challenging locations. This event was a significant gesture of support and gratitude towards the security forces who keep our country safe.

Engagement

Fortis Vasant Kunj celebrates academic achievements of employees' children



Fortis Hospital Vasant Kunj celebrated the outstanding academic accomplishments of the children of staff members on June 13, 2024. Students who excelled in their 10th and 12th standard exams for the year 2023-24 were recognised on the occasion. Ms Avni Bhargava, daughter of Dr Amit Bhargava; Ms Shreya Mazumdar, daughter of Dr Sutopa Banerjee; Ms Niyati Sethi, daughter of Ms Ritu Sethi; Ms Vaishnavi Singh, daughter of Mr Rajender Singh; Ms Bhuvi Khatana, daughter of Mr Raj Kumar; Ms Malvika Mishra, daughter of Ms Meghna Mishra; Master Aiden Thomas, daughter of Ms Smita Thomas and Ms Keertika, daughter of Ms Sunita Kamboj, were felicitated.

Esteemed guests, including Dr Gurvinder Kaur, Facility Director, FHVK, Mr Mahipal Singh Bhanot, Sr. VP & Business Head, FMRI, FHVK, Shalimar Bagh & Defence Colony and Mr Kavish Behl, Unit Head - HR delivered inspiring speeches, encouraging the students to strive for excellence. The students were awarded certificates, medals and gift hampers, and the presence of their proud families added warmth and joy to the celebration. The event was well appreciated.

Suturing & Knotting Skill workshop for doctors hosted at Hiranandani Hospital, Vashi



On June 26, 2024, Hiranandani Hospital Vashi-A Fortis Network Hospital, organised a Suturing & Knotting Skill workshop, in association with an external partner, for doctors. This event showcased advanced suturing and knotting techniques through live demonstrations and provided participants with hands-on practice using latest medical tools. The workshop also featured interactive sessions for addressing questions and perfecting skills. It's goal was to boost doctors' surgical proficiency and improve patient outcomes by advancing their procedural techniques. The initiative was led by Dr Trupti Rathod, Head-Medical Services, Hiranandani Hospital Vashi.

Fortis Mulund conducts graduation of 10th batch of Critical Care Nursing Fellowship Course; commences 11th batch



CCN 10th batch graduates with the dignitaries

Fortis Hospital Mulund organised the pinning and oath taking ceremony of Critical Care Nursing (CCN) 11th Batch for the year 2023-24, along with convocation ceremony for its 10th CCN Fellowship Batch on July 24, 2024. The course enrolled 20 fresh nurses for the one-year Critical Care Nursing Fellowship course in June 2024, after an entrance exam and gruelling interview session. The program was inaugurated by Mr Rohit Chandra, Group Head Operations - HR and the event was graced by Dr Vishal Beri, Facility Director; Dr Supriya Amey, Medical Director; Dr Vaishali Solao, Director - Critical Care; Dr Jumana Haji, Director - ECMO Program; Ms Minimole Varghese, Chief Nursing Officer; Ms Lavina Lall, Head – Administration; Ms Shalini Sharma, Head – Quality and Mr Satish Patil, SBU Head - HR.

The program commenced with a pinning and oath-taking ceremony for the new batch. The incoming staff were inspired by motivational speeches from Dr Vaishali Solao, Dr Amit Raodeo, Consultant – Critical Care, Ms Lavina Lall and Ms Minimole Varghese. The event signified the start of a new chapter in nursing skill development at Fortis Hospital Mulund. This was followed by the convocation ceremony. The 10th batch of Critical Care Nursing commenced in May 2023 with 16 enrolled nurses, who underwent vigorous training including classroom sessions, workshops, case presentations and clinical demonstration in clinical settings. The year-long course successfully concluded in April 2024. The Graduates were felicitated with CCNS Certificates and the batch toppers were awarded with trophies. The lecturers were also felicitated for their contribution for the CCN batch.

Nurses at Fortis Noida learn how to reduce 'Healthcare Associated Infections' and prevent 'Needle Stick Injuries'



As part of continuing efforts to reduce Healthcare Associated Infections (HAIs) and Needle Stick Injuries (NSIs), a workshop titled 'Zero tolerance of HAI and NSI' was conducted at Fortis Noida on July 12, 2024. The event was attended by 52 nursing team members. Dr Saurabh Mehra, In-charge Medical ICU, and Capt Neelam Deshwal, Nursing Head, gave illuminating talks on the subject. ICNs Ms Archana Kumari and Ms Vidhya Siji shared with the participants tips to reduce HAIs and NSIs and apprised them about the standard protocols. A practical demonstration was conducted for the participants, explaining the handling of cannula, needle-less connectors and flushing practices, among others.

Fortis Hospital, Bannerghatta Road, Bengaluru, inaugurates Fire Safety Wall



The Fire and Safety Department led by Mr Rovin Kumar Srivastav, Chief Security Officer and Mr Abhilash, Fire Safety Officer at Fortis Hospital, Bannerghatta Road, inaugurated a Fire Safety Wall on August 6, 2024, demonstrating the hospital's unwavering commitment to patient and staff safety. The inauguration ceremony was graced by dignitaries including Mr Kuldeep Singh Dhiman, Deputy General Manager – Asset Protection & Fraud Prevention, Fortis Healthcare; Dr Murali Chakravarthy, Director – Anesthesia & Clinical Affairs; Dr Priya Goutham, Medical Director; Mr Ganesh Rao, Zonal HR Head; Mr Praveen Wali, Operations Head; Ms Latha Nonis, Chief Nursing Officer; Ms Ojaswini Mahajan, Head – PE & FOS; Ms Hansa Swamy, Head – Non-Medical, Fortis CG Road; and other key doctors and officials. This state-of-the-art Fire Wall system aims to strengthen the hospital's existing fire safety measures and whilst raising awareness about fire safety among the staff members.

Fire Wall Inaugurated at Fortis Hospital Greater Noida



A Fire Wall was inaugurated at Fortis Hospital Greater Noida on July 5, 2024, demonstrating the hospital's unwavering commitment to patient and staff safety. The ribbon-cutting ceremony was graced by esteemed dignitaries including Dr Praween Kumar (CEO & FD), Dr Hema Lal (Medical Superintendent), Dr Rajesh Kumar Gupta (Director – Pulmonology), Dr Jagdish Chander (Director – General Surgery), Dr Dinesh Kumar Tyagi (Director – Internal Medicine), Dr Bhoop Singh (Senior Consultant – Anaesthesiology) and other key doctors and officials. This state-of-the-art Fire Wall system strengthens the hospital's existing fire safety measures. It will significantly enhance response times and ensure the well-being of everyone within the facility.

Fortis Gurugram hosts special movie screening for Corporate Leaders



In our ongoing effort to bring decision-makers and key opinion leaders from leading corporates and PSUs of Gurgaon together, a special movie screening activity was organized at NY Cinemas Gurgaon on July 28, 2024. This fun-filled event saw participation from prominent companies like Maruti Suzuki, Hindustan Unilever, Shree Cements, Powergrid Corporation, Renew Power, Interglobe Aviation, and many more.

The event was further enriched by the presence of FMRI experts, including Dr Praveen Gupta – Principal Director & Chief, Neurology, Dr Parul Sharma - Principal Director & HOD, Ophthalmology, Dr Vikas Dua - Principal Director & Head Paediatric Haematology, Haemato Oncology & Bone Marrow Transplant, Dr Udgeath Dhir - Senior Director, CTVS, and Dr Neha Rastogi – Consultant, Infectious Diseases, who interacted with the guests, fostering stronger relationships and discussions on healthcare advancements. A first-of-its-kind initiative, this event received a rave response and was widely appreciated by the corporate community, highlighting the unique and engaging approach of Fortis Gurgaon in connecting with its esteemed clients.

Fortis Escorts, Okhla hosts transformative workshop on 'Energy Centers' for employee well-being



Team HR at Fortis Escorts, Okhla Road, New Delhi organised a one-hour workshop for employee well-being with a focus on 'Energy Centers' on August 2, 2024. The workshop was led by Mr Amit Aggarwal, who holds a degree in Leadership in New Age Businesses from Wharton Business School, USA. A Puranic Healer with expertise in balancing energy centres and chakras, Mr Aggarwal is also a spiritual life coach and the author of 'Consciousness in Business Leadership'. He is dedicated to spreading the wisdom of energy centres and chakras across communities. The session emphasised the benefits of purifying energy centres and introduced six tools and techniques, including breath, colour, hand posture, affirmations, music and chant. The employees appreciated the engaging content, practical exercises and valuable insights that could be applied to their roles. The hands-on approach and expert facilitation were highlighted as key strengths, making the workshop both informative and enjoyable.

Fortis Anandapur conducts workshop on 'Safe patient handling and early mobilisation'



Group photo

On July 10, 2024, a workshop on 'Safe patient handling and early mobilisation' was organised at Fortis Hospital, Anandapur, Kolkata, in collaboration with a partner organisation. The session was attended by staff from various departments. The day began with a pre-test to assess prior knowledge of the participants followed by an engaging series of theory sessions. Ms Arunima Konger spoke about 'Problems and complications of immobility while Ms Sudeshna Saha discussed 'Musculo-skeletal disorders and fall prevention.' This was followed by a session on 'Early mobility of ICU patients,' conducted by Ms Pritha Sarkar.

The workshop aimed at providing a brief but practical overview of the topic. The learning was further reinforced by a review and Q & A session conducted by Sister Chandralekha Pyne, ACON. A post-test evaluation was done to gauge the effectiveness of the workshop. The session ended with distribution of mementos and certificates by Mrs Doli Biswas, CNO, followed by a group photo session.

Fortis Escorts, New Delhi launches nursing speciality certification program 'KSHAMATA - Enhancing Nursing Capabilities for Nurses'



Fortis Escorts, Okhla Road, New Delhi, has launched a new nursing certification program, 'KSHAMATA - Empowerment & Growth,' on August 9, 2024. This three-month course, designed for ER and OT nurses, is led by Dr Sunil Dhole, Director – Cardiac Anaesthesia and Dr Anoop Purkayastha, Head – Emergency, and overseen by Mrs Minimole John, Chief of Nursing. Created by the Nursing Education Team under Dr Vikram Aggarwal and Dr Amrita Gupta, the program aims to enhance patient care, clinical accuracy, and overall nursing excellence through specialised ER and OT modules.

Fortis hospitals in Mumbai mark the spirit of togetherness, host a grand Doctor's Day celebration



The core team

On August 3, 2024, Fortis Hospitals in Mumbai showcased a remarkable display of unity and dedication as clinical talent from across the network gathered to celebrate Doctor's Day. The event brought together clinicians from S L Raheja Hospital, Mahim, Fortis Hiranandani Hospital Vashi, Fortis Hospital Mulund and Fortis Hospital Kalyan.

The occasion was graced by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, who delivered an inspiring keynote address. Dr Raghuvanshi underscored the vital role of collaboration within our healthcare network, emphasising that a unified approach is essential for advancing the quality of care we provide. His words resonated deeply, reinforcing our collective commitment to excellence and innovation in healthcare.

The event was further elevated by the presence of Dr Ritu Garg, Chief Growth & Innovation Officer, and Mr Ranjan Pandey, Chief Human Resources Officer, Fortis Healthcare. The vibrant atmosphere of the evening was enhanced by a dynamic vocal performance that set an energising tone for the celebration. This powerful performance complemented the event's theme, celebrating the dedication and collaborative spirit of our clinical teams.

Fortis Mulund hosts India's first IFEM endorsed ECMO workshop for emergency medicine doctors



(L) Dr Jumana Haji, Director-ECMO Services and (C) Dr Sandeep Gore, Director – Emergency Medicine leading the workshop

Fortis Hospital Mulund, conducted India's first International Federation of Emergency Medicine (IFEM) endorsed dedicated Extracorporeal Membrane Oxygenation (ECMO) workshop for Emergency Medicine doctors, in association with the Society for Emergency Medicine India and Association of Healthcare providers India. This two-day program was endorsed by Maharashtra Medical Council as continuous medical education activity for doctors. This two-day program held on August 9-10, 2024, was first of its kind as it offered content tailored for Emergency Medicine doctors; it also offered national and international endorsements and hands-on skill training for the delegates.

ECMO is a life-support technique that plays a very crucial role in resuscitation, especially for patients who are in cardiogenic shock and or have suffered severe lung injury. Extracorporeal Membrane Oxygenation Cardiopulmonary Resuscitation (E-CPR), which combined the principles of ECMO with traditional CPR, can be

life-saving for young adults experiencing refractory cardiac arrest. The philosophy, principles and evidence-based practices behind different mechanical circulatory support techniques such as ECMO, IABP, IMPELLA were discussed in this program. Moreover, hands-on training for important skills like cannulation, ECMO initiation, and troubleshooting ECMO and IABP, was delivered to all delegates at the workshop. There is a vision to continue these trainings for emergency medicine as ECMO is an important tool in resuscitation. The workshop was led by Fortis Hospital Mulund's Dr Sandeep Gore, Director – Emergency Medicine and Dr Jumana Haji, Director – ECMO Program.

70 nurses undergo medication safety training at Fortis Hospital, Bannerghatta Road, Bengaluru



Fortis Hospital, Bannerghatta Road, organised a CNE on medication safety on July 24, 2024. The program began with a pre-test, followed by a lamp-lighting ceremony led by Mr Akshay Oleti, VP & Business Head; Dr Priya Goutham, Medical Director; Mr Ganesh Rao, Zonal HR Head; Dr Yamini, Senior Manager – Medical Administration; Mr Praveen Wali, Operations Head; Ms Latha Nonis, Chief Nursing Officer; and Dr Soniya, Clinical Pharmacist. The program concluded with a series of sessions and a post-test, with 70 nurses participating to enhance their knowledge on medication safety.

Fortis Hospital, Mulund, launches Oncology Certification Course for nurses



(Seated L-R) Dr Hamza Dalal, Dr Priyanka Moule, Mrs Minimole Varghese, Dr Uma Dangi, Dr Vishal Beri, Dr Subhaprakash Sanyal, Mr Satish Patil, Dr Pushkar Ingle, and Mrs Merina Alex.

Fortis Hospital, Mulund, has introduced the 'Oncology Certification Course' in the super specialty field. The six-month short term course, commencing August 29, 2024, was developed with the aim to train nurses in the field of Oncological Nursing. A total of 18 staff nurses (15 in-house, 2 from Fortis Hiranandani Hospital, Vashi and 1 from Fortis Hospital Kalyan) were inducted into the course, with a traditional lamp

lighting ceremony. The launch was attended by Dr Vishal Beri, Facility Director-Fortis Hospital Mulund, Mr Satish Patil, SBU Lead-HR, Fortis Hospitals Mumbai, and Fortis Hospital Mulund's Mrs Minimole Varghese, Chief Nursing Officer, Mrs Merina Alex, Deputy Chief Nursing Officer, along with the Oncological team - Dr Boman Dhabhar, Dr Anil Heroor, Dr Subhaprakash Sanyal, Dr Uma Dangi, Dr Hamza Dalal, Dr Pushkar Ingle, Dr Nishighanda Pol and Dr Priyanka Moule. Nursing HODs also attended the event.

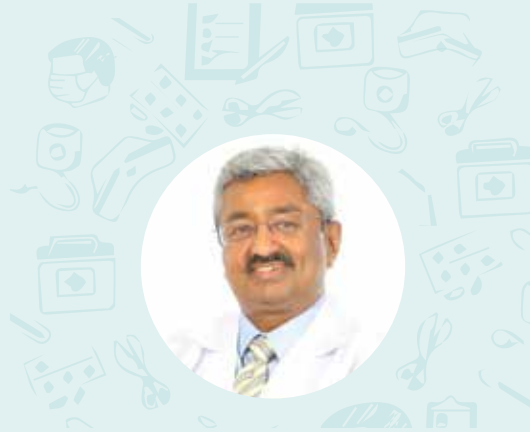
Fortis Escorts, Okhla, felicitates meritorious clinical talent at Doctor's Day event



Team Fortis Escorts, Okhla Road, New Delhi celebrated Doctor's Day on July 5, 2024, recognising the invaluable contributions of the dedicated doctors. The celebration included music, games, performances by doctors, and a stand-up comedy act, followed by the Fortis Escorts Heart Institute Flagship Doctors Award Ceremony. Dr Ashok Seth, Chairman - Cardiac Sciences, Fortis Escorts Heart Institute, presented awards to the winners in the following categories:

- Dr Santosh Singh Memorial Award for the Best Junior Doctor 2024 was given to Dr Soumyaranjan Das (Paediatric CTVS). He received a fully sponsored international fellowship at the Center of Excellence.
- Special Award for Clinical Excellence was given to Dr Naba Mallika Taye (Critical Care) and was awarded full institutional sponsorship to attend any national seminar or conference.
- Special Jury Award given to Dr Nilashish Dey (Non-Invasive Cardiology) and Dr Atul Kaushik (Non-Invasive Cardiology). They were specially recognised by Dr Ashok Seth and awarded certificates and trophies.

Meet Our Clinician



Dr Vivek Jawali
 Chairman – Cardiac Sciences
 Fortis Hospitals, Bengaluru

1. Since how long have you been working with Fortis?

I've been with Fortis since 1989, starting from when the Wockhardt Hospital was conceptualized and built in Bangalore—nearly at the same time as Escorts. My journey with the organization has been deeply intertwined with its growth and development over the years.

2. Can you tell us about your overall experience in the field of medicine and what inspired you to become a doctor/clinician?

My background was rooted in arts and literature, and science or medicine never felt like my true calling. However, under family pressure and following the herd in the early '70s, I found myself in the medical field. Despite not having my heart in it throughout most of my studies, I managed to top my final MBBS exams. It was during my internship, when I was directly confronted with the sufferings of patients, their families, and their struggles, that my perspective shifted. I realized how elite and impactful the role of a doctor could be. This experience ignited in me a passion for the medical profession, where I found a perfect blend of 'swarth' (self-interest) and 'parmarth' (universal God). I also discovered a deep love for surgery, which to me is the ultimate fusion of art and science. This realization has shaped my journey, and I am yet to recover from the profound impact it has had on me.

3. How do you balance your personal life with the demands of your profession as a doctor/clinician?

When passion intertwines with work, the line between the two disappears, becoming almost mythical—especially when blessed with an understanding spouse like mine. I've been captivated by the adrenaline and "bliss" of cardiac surgery—a "samadhi" that draws me closer to God. In those sleepless nights, returning to the hospital at midnight, I couldn't help but feel the weight of the faith placed in me. Walking through the dim, silent corridors, past closed doors, and seeing nurses watching over the sleeping patients, I would re-live the romance that made me feel both elite and wanted. My faith in my old love remains unshaken!!

4. Can you share a memorable patient story that had a profound effect on your life and career?

My medical internship took place in a poorly equipped government hospital in the small town of Gulbarga during the 1970s. In the very first week, I encountered a young, likable rural woman who was admitted with 50% burns—a diagnosis that, in those peripheral Indian times, was almost certain to be fatal. My seniors had already given up on her, viewing her case as hopeless and a waste of resources. However, something about her trusting innocence compelled me to stay by her side, day and night. I read everything about management of burns, driven by her stories and her resilience. Slowly, she started to improve, giving me hope. But ultimately, she succumbed to her burns. Her death deeply moved me, kindling a desire to learn more, think outside the box, and help others. It was in that moment that a doctor was born—before the surgeon emerged.

5. Have you ever made a difficult decision in your professional life? If yes, what were the outcomes?

When it comes to my career, I've always followed my heart, rather than my head. I received exceptional training in cardiothoracic and vascular surgery at KEM in Bombay, where a clear path for professional growth was laid out for me. However, in 1984, I was offered an opportunity by the Karnataka State Government to return to my home state and build the Sri Jayadeva Institute of Cardiology in Bangalore. At the time, healthcare in Bangalore was pretty lack luster compared to the state of art stuff in the city of Bombay. Yet, I chose to take on the challenge. I poured my heart and soul into building the Sri Jayadeva Institute of Cardiology, and today, that small sapling has grown into a sprawling, respected banyan tree.

As the institute matured and gained national recognition, my pursuit of quality led me to partner with Wockhardt in corporate healthcare management. The challenge was significant—transforming just three floors of a multi-storey office complex on Cunningham Road into a private heart hospital, surrounded by established companies like United Breweries, Mohan Meakins, and A&Z. The idea seemed almost laughable, but together with my team and Mr Khorakiwala, we turned that vision into reality, creating a heart hospital that was ahead of its time in Bangalore. It became a successful venture, growing into a large private limited hospital company with multiple hospitals across the region in partnership with Harvard Medical International. This was later acquired by Fortis.

The key lesson I've learned is not to wait for the perfect opportunity. Embrace what's in front of you, and with hard work and a relentless pursuit of excellence, you can turn any challenge into gold.

Meet Our Nurse



Ms Nancy Gulati
 Nursing Incharge
 Fortis Hospital, Shalimar Bagh

1. What inspired you to pursue your career in nursing and how it has shaped your professional and personal life?

My inspiration to pursue a career in nursing comes from my aunt, who is a senior nurse at AIIMS. Growing up, I admired her deeply for her unwavering dedication to her patients and the genuine care she showed in every aspect of her work. Her compassion and kindness were evident in the way she connected with those in need, always offering support and comfort during their most vulnerable moments. Watching her excel in such a demanding yet fulfilling profession made me realize the profound impact a nurse can have on people's lives. Her example instilled in me a strong desire to follow in her footsteps, to embody the same values of empathy, care, and dedication in my own nursing journey.

2. Can you share a personal experience that exemplifies the impact nursing had on your life?

One of the most profound experiences that exemplifies the impact nursing has had on my life occurred early in my career. I was assigned to care for an elderly patient who had been hospitalized for several weeks. She had few visitors, and it became apparent that she was feeling isolated and anxious. Over time, I made it a point to spend a little extra time with her each day, not just addressing her medical needs but also engaging in conversations about her life, her family, and her interests.

One afternoon, after a particularly difficult day, she told me how much those conversations meant to her, how they had given her something to look forward to each day. This experience taught me that nursing goes beyond the clinical aspect; it's about truly caring for the person as a whole.

3. What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

I actively engage in continuous learning and professional development. I regularly attend workshops, conferences, and seminars to learn about the latest trends and innovations in healthcare. Subscribing to reputable nursing journals such as Elsevier helps me stay informed about new research and best practices.

4. How do you ensure essential communication with other healthcare professionals to provide optimal patient care?

Ensuring essential communication with other healthcare professionals involves using structured communication tools like ISBAR, AIDET, and LEAP to provide optimal patient care. I utilize ISBAR (Introduction, Situation, Background, Assessment, and

Recommendation) to ensure clear and concise handovers, particularly in critical situations, allowing for effective and focused exchanges of patient information. AIDET (Acknowledge, Introduce, Duration, Explanation, and Thank You) is employed to build rapport with patients and their families while communicating with the healthcare team, ensuring that everyone is on the same page regarding patient interactions and care plans. Additionally, LEAP (Listen, Empathize, Ask, and Partner) helps in addressing concerns and fostering collaborative relationships within the team, ensuring that all perspectives are considered and integrated into patient care strategies. By incorporating these tools into daily practice, I enhance communication accuracy and efficiency, leading to more coordinated and effective patient care.

5. How has been your journey working at Fortis?

My 12-year journey at Fortis has been both challenging and fulfilling, marked by significant professional growth. Starting as a junior nurse, I have had the opportunity to advance to team leader and eventually to ICU in charge, each role bringing new responsibilities and learning experiences. Fortis has provided a supportive environment that encourages continuous development; I've attended various conferences that have broadened my knowledge and expertise. A significant milestone was when Fortis offered me the chance to enrol in the Executive Post Graduate Diploma in Hospital Administration (EPGDHA), which is a stepping stone to taking my career to new heights. This journey has not only honed my skills but also deepened my commitment to providing the highest standard of care, making my time at Fortis incredibly rewarding.

6. Has your experience at Fortis been personally and professionally fulfilling?

Working at Fortis has been a rewarding and transformative journey. The environment at Fortis is dynamic and patient-centred, which has allowed me to grow both professionally and personally. Being part of a multidisciplinary team, I've had the opportunity to collaborate with some of the best healthcare professionals, which has enriched my knowledge and skills. The exposure to a wide range of cases has sharpened my clinical abilities and reinforced the importance of evidence-based practice. Fortis places a strong emphasis on continuous learning and patient care, which aligns with my values and has motivated me to consistently strive for excellence.

Awards & Accolades

Fortis hospitals ranked amongst top 100 hospitals in Newsweek's 'Best Specialised Hospitals – Asia Pacific 2024' list

| Rank | Hospital | Specialisation |
|------|--------------------------------------|-----------------|
| 23 | Fortis Escorts Heart Institute | Cardiac Surgery |
| 23 | Fortis Escorts Heart Institute | Cardiology |
| 56 | Fortis Hiranandani Hospital | Cardiology |
| 59 | Fortis Hospital Mulund | Pulmonology |
| 65 | Fortis Escorts Hospital Amritsar | Cardiology |
| 80 | Fortis Hospital Mulund | Cardiology |
| 88 | Fortis Flt. Lt. Rajan Dhall Hospital | Cardiology |

Newsweek, a US-based weekly news magazine, has partnered with Statista, a global data firm, for the second annual Best Specialized Asia Pacific Hospitals ranking. The endeavour aims to help patients navigate the increasingly in-demand medical services in Asia Pacific countries. The list recognises the leading medical facilities in the Asia Pacific region and has ranked the hospitals in nine key areas of expertise.

Newsweek and Statista invited thousands of medical experts – including doctors, hospital managers and other healthcare professionals to participate in online surveys that allowed them to recommend and assess various hospitals within their respective specialisations.

Fortis Hospital Bannerghatta Road, Bengaluru, achieves Google rating of 4.7, highest among A-category hospitals in the Fortis Network



Fortis Hospital, Bannerghatta Road, Bengaluru, under the leadership of Mr Akshay Oleti, Business Head, has achieved an impressive Google Rating of 4.7 with 17,450 Google reviews on June 28, 2024. This accomplishment is a testament to the tireless commitment of the team, led by Ms Ojaswini Mahajan, Associate General Manager – Patient Care Services, in ensuring the best patient experience. The clinical, nursing, administration, sales and marketing teams, along with the patient experience team, played a crucial role in collecting feedback, resolving issues, and maintaining continuous follow-up.

Nurses from FHKI Kolkata win awards and accolades at OT nurses' meet



Ms Sumita Mishra, OT Nurse from Fortis Hospital and Kidney Institute (FHKI), Kolkata, won the first position in QIP presentation titled 'Enhancing surgical safety through 'Good Catch' initiative,' at the third National Conference of Association of peri-Operative Registered Nurses (AORN), held on June 15-16, 2024. Ms Rikerlang Sari Shabong, Nurse Educator, FHKI, presented QIP titled 'Effectiveness of Top Ten Modules for OT Nurses.' The novelty of the topic impressed the judges and the presentation received special acknowledgement. Speaking at the conference, Ms Sathya Ananda Kumar, CNO, FHKI and President of AORN's Kolkata chapter, shared her OT experience whilst emphasising the need to empower OT nurses to achieve excellence in perioperative nursing care. The objective of the AORN conference was to provide platform for OT nurses to share innovative ideas and best practices and the theme of this year's conference was 'Approach towards Future addressing perioperative Nursing care for excellence.'

Fortis Hospital & Kidney Institute, Kolkata, receives Quality Certificate from Infusion Nurses Society



Fortis Hospital & Kidney Institute (FHKI), Rash Behari, Kolkata has successfully completed the Infuze audit and received 'Quality Certificate' from the Infusion Nurses Society (INS). The certificate was received on June 1, 2024 and will remain valid till May 31, 2027. The Certificate is prestigious as it testifies the success of the Quality Improvement Program as per Infuse Standards and aims at improving compliance to the best practices in infusion therapy. The hospital is compliant with more than 80% percent of mandatory and non-mandatory objective elements. A dedicated INS assessor meticulously evaluated all the processes and protocols of Infusion Nurses Society during the audit and praised the Team Nursing, FHKI for their efficiency and team work. The successful audit was led by the FHKI Nursing Team led by Sister Sathya Ananda Kumar, CNO, with able support from Dr Anusuya Bose, Medical Superintendent and Mr Baishpayan Mukherjee, Facility Director.

Doctors from Fortis Escorts Hospital, Faridabad, win accolades at Indian Menopausal Society's zonal conference - NZIMSCON 2024



Dr Ojaswini Sharma



Dr Aaryan Tiwari



Dr Anjali Sati

Three doctors from the Obstetrics & Gynaecology Department of Fortis Escorts Hospital, Faridabad, have won awards and accolades under various categories at the North Zone Indian Menopausal Society Conference (NZIMSCON 2024), which was held in the city on July 13-14, 2024.

While Dr Anjali Sati, Registrar, Obs & Gynae, won the first prize in Poster Presentation, Dr Ojaswini Sharma, Registrar, Obs & Gynae, won the first prize in Quiz Competition and Dr Aaryan Tiwari, Senior Registrar, Obs & Gynae, bagged the third prize in Poster Presentation.

Fortis Gurugram Shines at Economic Times Health Conclave 2024



Fortis Gurugram has been honored with multiple prestigious awards at the Economic Times Health Conclave 2024, held on July 28, 2024. Fortis Gurgaon was recognised for its excellence in various medical specialties, underscoring commitment to providing world-class healthcare. Fortis Gurgaon received accolades for Service Excellence in Neurosurgery, with the award being received by Dr Rana Patir, Chairman - Neurosurgery, and Dr Sandeep Vaishya, Executive Director - Neurosurgery. The award for Excellence in multi-modality cancer treatment was received by Dr Vinod Raina, Chairman - Oncosciences. Dr Ajay Kumar Kriplani, Principal Director & HOD - GI, Minimal Access & Bariatric Surgery, was honoured for Service Excellence in Surgery. Additionally, Dr Rahul Bhargava Principal Director & Chief - Haematology, Haemato Oncology & Bone Marrow Transplant, received recognition for leading one of the largest BMT programs. Mr Yash Rawat, Facility Director – FMRI, was present on the occasion.

Fortis Escorts Heart Institute, New Delhi, Honoured at ET Health Conclave



Dr Z. S. Meharwal received Service Excellence in Cardiac Surgery



Fortis Escorts Heart Institute, New Delhi, has been awarded the prestigious title of Service Excellence in Cardiac Sciences at the ET Health Conclave, held in Gurugram on July 28, 2024. The award was received by Dr Vikram Aggarwal, Facility Director and Mr Harpreet Singh - General Manager, Sales & Marketing. In addition to the hospital's accolade, several of distinguished clinicians associated with the hospital were individually recognised for their outstanding contribution to the field of medical sciences. Dr Z. S. Meharwal, Chairman - Cardiac Surgery was felicitated with the Service Excellence in Cardiac Surgery, Dr Pankaj Puri, Director - Gastroenterology & Hepatobiliary Sciences was honoured with Service Excellence in Gastroenterology and Dr Subrat Acharya, Executive Director - Gastroenterology & Hepatobiliary Sciences received the Service Excellence in Hepatology recognition.

Fortis Anandapur's Team Nursing makes presence felt at 8th CII Nursing Conclave, Kolkata



Ms Doli Biswas participating as a panelist

The Confederation of Indian Industry organised the 8th edition of Nursing Conclave with the theme 'Care, Compassion & Commitment' on June 27, 2024, in Kolkata. Ms Doli Biswas, Chief Nursing Officer at Fortis Hospital, Anandapur, participated in a panel discussion on 'How nursing profession can be made more attractive?' Ms Maumita Saha, Quality Control Nurse at Fortis Anandapur, presented a paper titled 'Driving Hospital-acquired Pressure Ulcers to Zero - A Quality Improvement Project,' which was appreciated and awarded at the conference. The study focused on preventing pressure ulcers by enhancing nursing staff knowledge of HAPU prevention policies and improving hourly rounds. Total 10 Nurses from Fortis Anandapur participated and gained a lot from scientific agenda and paper presentations. The conference featured various scientific sessions and panel discussions, attracting over 500 delegates from Eastern India.

Fortis Escorts Jaipur wins 'Trusted Super Speciality Hospital in Rajasthan' title



Fortis Jaipur has been awarded the title of 'Trusted Super Speciality Hospital in Rajasthan' at Arogyam, an event organised by News 18 Rajasthan, a prominent news channel, on July 26, 2024. The award was presented by the Hon'ble Deputy Chief Minister, Dr Prem Chandra Bairwa and was received by Dr Vikas Gupta, Additional Director - Neurology, Mr Manjeet Grover, Head - Sales & Marketing and Mr Brij Kishor Gupta, Senior Manager, Sales & Marketing.

A special highlight of the event was a panel discussion, featuring Dr Pankaj Anand, Additional Director Internal Medicine, who provided insightful briefings about ECMO technology and the benefits of Adult Vaccination.

Fortis Rajajinagar, Bengaluru, recognised as Centre of Excellence in Arthroscopic Procedures



IAS Cake cutting 1

Fortis Hospital Rajajinagar, Bengaluru, has been recognised by the Indian Arthroscopy Society (IAS) as an Accredited Training Centre for multiple orthopedic super specialties, including Knee Arthroscopy, Shoulder Arthroscopy, Sports Medicine, and Knee Preservation and Reconstruction. This prestigious recognition, received on August 9, 2024, makes Fortis Rajajinagar only the fourth such centre in Karnataka to earn this distinction.

This achievement was made possible through the efforts of Dr Vinay Kumarasamy, Senior Consultant Orthopedics at Fortis Rajajinagar. For the past three years, Dr Kumarasamy has been leading the Arthroscopy and Arthroplasty Fellowship Training Program, designed to benefit Post-MS Orthopedic surgeons. So far, six orthopedic surgeons from across the country have completed this six-month training program, which offers a comprehensive clinical overview of the basic principles of Arthroscopy and Arthroplasty, hands-on surgical training, and opportunities for research in these fields.

Dr B. D. Pathak of Fortis Escorts, Faridabad receives IMA Faridabad's Lifetime Achievement Award



In recognition of his exemplary commitment to his profession, Dr B. D. Pathak, Director - GI, Minimal Invasive and Bariatric Surgery, Fortis Escorts Hospital, Faridabad, was honoured with the Lifetime Achievement Award by Indian Medical Association (IMA) Faridabad. The award was presented at an event organised by IMA on the occasion of Doctor's Day. More than 500 doctors attended the event. In his acceptance speech, Dr B. D. Pathak expressed his gratitude to IMA Faridabad, his colleagues and his family for their unwavering support throughout his career. He emphasised the importance of empathy, continuous learning, and service in the medical profession.

Dr Kamal Verma of Fortis Faridabad receives prestigious 'Sushruta Award'



Dr Kamal Verma, Director - Neurosurgery, Fortis Escorts Hospital, Faridabad, was honoured with the 'Sushruta Award' by Shri Moolchand Sharma, Minister of Industries & Commerce, Labour, Food & Civil Supplies, Consumers Affairs and Election, Govt of Haryana. The prestigious accolade was presented during an event held at Manav Rachna University on July 6, 2024. The recognition is a testament to Dr Verma's exceptional contributions to the field of neurosurgery and his unwavering dedication to medical excellence.

In his acceptance speech, Dr Verma expressed his gratitude to the organisers, his colleagues and his family. He dedicated the award to his patients, stating that their courage and resilience continue to inspire him to strive for excellence. Dr Verma also acknowledged the importance of teamwork and collaboration in achieving medical breakthroughs and improving patient care. After the award ceremony, Dr Kamal participated in a live panel discussion on "Key Brain and Spine Issues", which was broadcast on India News.

Dr Rama Joshi of Fortis Memorial, speaks at Asia Women in Leadership Forum at Atlanta



Dr Rama Joshi, Principal Director & Head – Gynae Oncology, Fortis Memorial Research Institute, Gurugram, was invited to speak at the prestigious Asia Women in Leadership Forum, held in Atlanta, United States, on June 14, 2024. The prestigious event brought together over 200 delegates from across the United States.

Dr Joshi's expertise and thought leadership were showcased through her insightful talk on 'Transitioning from Clinician to Influencer in India.' This honour is a testament to Dr Joshi's exceptional contributions to the medical field as a leading Robotic Gynae Surgeon of the country.

Dr Isha Wadhawan of Fortis Escorts Hospital, Faridabad, receives IMA's Young Achiever Award



Dr Isha Wadhawan, Attending Consultant - Obstetrics & Gynaecology, Fortis Escorts Hospital, Faridabad, was honoured with the Young Achiever Award in recognition of her sustained efforts in contributing to various social events organised by Indian Medical Association (IMA), Faridabad. The award was presented at a ceremony organised by IMA on July 1, 2024, to mark Doctor's Day. More than 500 doctors attended the event.

Dr Isha regularly participates in the various events organised periodically at government and private schools, as well as schools for special children and played a pivotal role in educating young girls and adolescents on crucial topics such as hormonal changes, menstrual hygiene, contraception, mental health issues and cancer awareness. The award acknowledges Dr Isha's exemplary service and leadership in advancing public health initiatives through education and outreach programs, reflecting her dedication to improving the well-being of individuals and communities alike.

Photo Feature



Fortis Escorts Heart Institute



Fortis Memorial Research Institute



Corporate Office



Fortis Hospital Mulund, Mumbai



SL Raheja Mahim, Mumbai



Fortis CG Road, Bengaluru



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, Richmond, Bengaluru



Fortis Escorts Amritsar



Fortis Escorts Faridabad



Fortis Escorts Jaipur



Fortis Greater Noida



Fortis Hospital & Kidney Institute



Fortis Hospital, Anandapur



Fortis La Femme,



Fortis Hospital, Mohali



Fortis Hospital, Shalimar Bagh

Congratulations

New Additions to the Family



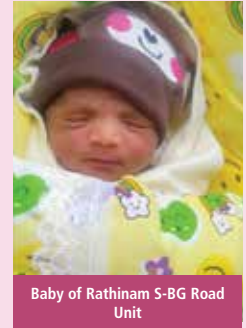
Baby of Louis Titus-Noida Unit



Baby of Syed Nasheer Abbas-Richmond Road Unit



Baby of Kamakshi Y-BG Road



Baby of Rathinam S-BG Road Unit



Baby of Ravi Naik-Nagarbhavi Unit



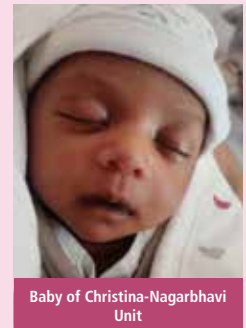
Baby of Ajay Kumar-Greater Noida Unit



Baby of Aswathy Jacob-Nagarbhavi Unit



Baby of Chandra Mukherjee-Anandpur Unit



Baby of Christina-Nagarbhavi Unit



Baby of Deepa Verma-Noida Unit



Baby of Dr. Anwesa Chakraborty-Anandpur Unit



Baby of Piyush Kumar-Noida Unit



Baby of Pradip Kumar Shee-Anandpur Unit



Baby of Priti Das-Anandpur Unit

Newly Weds



Dr. Jayanth M S-Nagarbhavi Unit



Ajit Kumar-Noida Unit